

We Meet in Your Community

caring for someone with memory loss?

Family Caregiver Support Group Meetings:

- provide a place for caregivers to learn and gain support from others also caring for a person with memory loss
- present information about memory loss care management, available services, and current research and treatment options
- are led by volunteers receiving support and training from the Chapter
- are free and open to unpaid care partners, family members and friends of individuals with memory loss
- are available in your community

Starting in April 2013

**1st Monday of each month
2:00—3:30pm**

**Wallingford Community
Senior Center
4649 Sunnyside Ave. N.
Suite 140
Seattle, WA 98103**

**Contact group facilitator:
Katie Neuman, 406.599.1347**

See back for directions



Alzheimer's Association

Western & Central WA State Chapter
North Tower
100 W. Harrison Street, N200
Seattle, WA 98119
800.848.7097
www.alzwa.org

share, support, and learn

alzheimer's  association®

the compassion to care, the leadership to conquer

Directions to the Wallingford Community Senior Center:

- WCSC is located at 4649 Sunnyside Ave. N between N. 50th St. and N. 45th St.
- WCSC is located in the basement of the Good Shepherd Center. From the front entrance of the building, enter through the lower level.
- WCSC is in the North end of the building.

Parking: Free parking is available in two on-site lots or on the surrounding streets.

